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ABSTRACT OF THE DISCLOSURE

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The phase-change type optical information recording medium includes a transparent substrate, a first protective layer on the substrate, a recording layer on the first protective layer, a second protective layer on the recording layer, and a reflective layer on the second protective layer. Assuming that minimum recording linear velocity is V_1 and maximum recording linear velocity is V_2 , then a value of ratio $I(V_2)/I(V_1)$ of a degree of modulation corresponding to the maximum and minimum linear velocities is between 1 and 1.2.